

Five Flowers for Fownhope

June - July

The greatest variety and number of wild plants in Fownhope grow in the woodland and grassland on the Silurian limestone ridges. Many wild plants also grow along the river bank, roadside verges, hedgerows and in old orchards.



Knapweed – dry grassland, verges and riverbank. A thistle-like bright pink crown of complex flowers around the top of a distinctive round brown head. A very rich source of nectar for pollinators and butterflies in summer, and later, seeds for finches.



Self-heal – grassland, verges, lawns and sometimes in disturbed ground. Often in groups of striking dark violet flowers in the summer grass. Has square stems.



Pyramidal Orchid – grassland and verges on limestone. Small sheath-like leaves on the stem. Bright conical flower heads in the summer grass.



Orange Hawkweed or Fox and Cubs – grassy places, gardens, verges and disturbed ground. Loves to grow between paving slabs. Bright sunny orange-red flowers with a rosette of leaves at the base of the stem.



Meadowsweet – wet grassland and woods, riverside, along verges particularly where there is a ditch. Often in groups with a truly summer froth of creamy white scented flowers held above the grass on red stems.